

TUTTLE TALES



Don Tuttle Adult Center

1731 North Ontario St.

Burbank, CA 91505

818.238.5367

Weekly Activities

- Mondays, 9:30 am** Qigong Exercise Class with Tung Vo *
- Mondays, 9:30 am** Public Speaking Group with Ron Coyne *
- Mondays, 9:30 am** Wii Virtual Bowling with Bob Cummings * (not held on 2nd Mondays)
- Mondays, 12:30 pm** Texas Hold-em - Learn and play with Louise Cummings *
- Mondays, 12:30 pm** Surfing the Web - Learn how to use the Internet with Dwight Randall * ☒
- Mondays, 12:30 pm** Beginner's Line Dancing– with Thelma Watkins*
- Tuesdays & Fridays, 9:30 am** Morning Workout - Fitness class with Connie Weir *
- Tuesdays, 12:30 pm** Table Games/Skip-Bo with Josefina Sauri *
- Tuesdays, 12:30 pm** Square Dancing -with John Hyde *
- Wednesdays, 9:30 am** Intermediate Line Dance Class with Ron Black *
- Wednesdays, 12:30 pm** Mellow-tones Choral Group - (Looking for singers!) ☒
- Wednesdays**, 12:30 pm** Jewelry Making Class -with Dutch Stowe * (**alternate weeks) +
- Wednesdays, 12:30 pm** Beginners Guitar Class with Cesar Wolff *
- Thursdays, 10:00 am** Sign Language -for Beginners with Charles McDonald *(Note: no class on 4th Thursday)
- Thursdays, 12:30 pm** Fun with Piano- with Joan Berg/Barbara Miller *
- Thursdays, 12:30 pm** Beginners Guitar Class (In Spanish) - with Cesar Wolff*
- Fridays, 9:15 am** Texas Hold-em Class- Learn to play with Louise Cummings*
- Fridays, 9:30 am** Belly and Mediterranean Folk Dancing Class –Seza Mirzaian *
- Fridays, 12:30 pm** Bingo for a Buck +



Monthly & Special Activities

- Thursday March 3, 9:30 am** Blood Pressure check (First Thursday of every month)
- Wednesday March 9, 10:00 am** Young at Heart Club Meeting –Everyone is invited to attend.
- Friday March 11, 10:00 am** Community Kids will Perform and join us in egg hunting, bring plastic eggs and candy.
- Tuesday March 15, 10:00 am** Understanding Advance Care Planning for the Best Care Possible.
- Friday March 18, 10:00 am** UCLA Professional Piano Player Performing Classic Music
- Mondays and Tuesday 21, 22, 28, 29-** SNAP ED CLASSES; The Health Plate, Cholesterol food tasting, Low-fat Eating food tasting, Hypertension.
- Thursday March 24, 10:00 am** Easter Celebration with Tuttle's Mellow tones Group, Bring your Bonnets and Win a Prize.
- Monday, February 29 , 9:15 am** Texas Hold-em Tournament (Last Monday of every month.)

☒ RSVP/Sign-up required + Fee is more than
\$2.00

* RSVP Volunteer



Sylvia Guerra, Site
Manager
and Drew McDaniel

MARCH

Tuttle Adult Center

Hours of Operation:

**Monday–Friday,
9:00 am-2:30 pm**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:30 am—Morning Workout 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo	2 9:30 am—Intermediate Line Dancing 12:30 pm— Mellowtones Choir 12:30 pm—Jewelry Making Class +	3 9:30 am— Blood Pressure 10:00 am—Sign Language 12:30 pm—Fun with Piano	4 9:15 am-- Texas Hold-em Class 9:30 am- Morning Workout 9:30am-Belly Dancing class 12:30 pm—Bingo + 
7 9:30am—Qigong Exercise Class 9:30 am—Public Speaking 12:30 pm—Texas Hold-em 12:30pm-Beginners Line Dancing 2:30 pm—Web Surfing <input checked="" type="checkbox"/>	8 9:30 am—Morning Workout 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo	9 9:30 am—Intermediate Line Dancing 10:00am– Young at Heart Club 12:30 pm– Mellowtones Choir	10 10:00 am—Sign Language 12:30 pm—Fun with Piano	11 9:30 am- Morning Workout 9:30am-Belly Dancing class 10:00am-Kids Performing 12:30pm—Bingo + 12:30pm-- Texas Hold-em Class
14 9:30am—Qigong Exercise Class 9:30 am—Public Speaking 12:30 pm—Texas Hold-em 12:30pm-Beginners Line Dancing 2:30 pm—Web Surfing <input checked="" type="checkbox"/>	15 9:30 am—Morning Workout 10:00 am Advance Care Planning 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo	16 9:30 am—Intermediate Line Dancing 12:30 pm– Mellowtones Choir 12:30 pm—Jewelry Making Class +	17 10:00am-St.Patrick Celebration 12:30 pm—Fun with Piano 	18 9:15 am—Texas Hold-em Class 9:30 am—Morning Workout 9:30am- Belly dancing class 10:00am-UCLA Classic Piano Performance 12:30 pm—Bingo + 
21 9:30am—Qigong Exercise Class 9:30 am—Public Speaking 10:00am-SNAP ED CLASS 12:30 pm—Texas Hold-em 12:30pm-Beginners Line Dancing 12:30 pm—Web Surfing <input checked="" type="checkbox"/>	22 9:30 am—Morning Workout 10:00am-SNAP ED CLASS 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo 	23 9:30 am—Intermediate Line Dancing 12:30 pm– Mellowtones Choir	24 10:00am Easter Celebration Mellow-tones Performing 12:30 pm—Fun with Piano 	25 9:15 am—Texas Hold-em Class 9:30 am—Morning Workout 9:30am- Belly dancing class 12:30 pm—Bingo +
28 9:15 am—Texas Hold-em Tournament 9:30am-Qigong Exercise Class 9:30 am—Public Speaking 12:30pm-Beginners Line Dancing 10:00am-SNAP ED CLASS	29 9:30 am—Morning Workout 10:00am-SNAP ED CLASS 12:30 pm—Square Dancing 12:30 pm—Table Games/ Learn Skip-bo	30 9:30 am—Intermediate Line Dancing 12:30 pm– Mellowtones Choir 12:30 pm—Jewelry Making Class +	31 10:00 am—Sign Language 12:30 pm—Fun with Piano	